



GENDER AND LIFE STYLE: FROM PUBERTY TO ELDERLY FRAILTY

Matera (Italy), April 14-16, 2016

Organized by

REGIONE BASILICATA

DIPARTIMENTO DI SCIENZE UNIVERSITÀ DELLA BASILICATA

DIPARTIMENTO DI SCIENZE BIOMEDICHE UNIVERSITÀ DI SASSARI

DIPARTIMENTO DI MEDICINA SPERIMENTALE,
SEZIONE DI FISIOPATOLOGIA MEDICA,
SCIENZA DELLA ALIMENTAZIONE ED ENDOCRINOLOGIA,
UNIVERSITÀ SAPIENZA DI ROMA

Promoted by



FONDAZIONE
INTERNAZIONALE
MENARINI

PROGRAM

Palazzo Viceconte
Via San Potito, 7

The meeting will evaluate several medical aspects of human life from an interdisciplinary perspective, specifically focusing on gender differences. The conference will examine the influence of lifestyle and age on gender aspects throughout life, from childhood to old age. A further objective will be to discuss gender differences in addiction. This has traditionally been considered a male problem, but the most recent studies demonstrate, at least in western countries, that both alcoholism and tobacco dependence are rapidly increasing in women - and even more alarmingly, in young women. There is thus a need for new preventive and therapeutic strategies to fully address addiction in both genders.

The conference will also evaluate new advances in therapeutic approaches to cardiovascular disease as well as diabetes mellitus and obesity, the new pandemic of the third millennium, in both men and women. New approaches to gender research in both preclinical and clinical studies are urgently required to address new health needs in both genders, in order to expand therapeutic aspects and improve individual quality of life as well as healthcare sustainability. Finally, the meeting will discuss ongoing national and international processes in gender medicine and the future of gender medicine itself, through the intersection of gender with independent factors such as age and lifestyle.

Presidents of the Meeting

Prof. Flavia Franconi
Prof. Andrea Lenzi
Prof. Luigi Milella

With the Patronage of



SIAMS (Società Italiana di Andrologia e Medicina della Sessualità)



SIE (Società Italiana di Endocrinologia)



SIF (Società Italiana di Farmacologia)



Conferenza delle Regioni e delle Province Autonome

Co-Presidents of the Meeting

Prof. Flavia Franconi

Prof. Andrea Lenzi

Prof. Luigi Milella

Scientific Committee

Presidents: **S. Basili** (Rome, I), **I. Campesi** (Sassari, I),
S. Migliaccio (Rome, I), **A. Montella** (Sassari, I)

Members: **E. Giannetta** (Rome, I), **E. Greco** (Rome, I),
V. Raparelli (Rome, I), **G. Seghieri** (Pistoia, I), **A. Ostuni** (Potenza, I),
C. Tannenbaum (Montreal, CDN), **V. Regitz-Zagrosek** (Berlin, D)

Promoted by

Fondazione Internazionale Menarini

Edificio L - Strada 6

Centro Direzionale Milanofiori

I-20089 Rozzano (Milan, Italy)

Phone: +39 02 55308110

Fax: +39 02 55305739

E-mail: milan@fondazione-menarini.it

[Http://www.fondazione-menarini.it](http://www.fondazione-menarini.it)

Organizing secretariat and CME provider

AVEC S.r.l. - Incentive Paintings - Angela Volpe / Claudia Cislaghi

Via Lavoratori Autobianchi, 1

c/o Polo Tecnologico Brianza - Edificio 9 - Ufficio 14

I-20832 Desio (MB), Italy

Phone: +39 0362 581579 – Fax: +39 0362 1860074

E-mail: angela.volpe@avec-eventi.com / claudia.cislaghi@avec-eventi.com

Thursday, April 14, 2016 – Afternoon

02.30 p.m. *Registration*

03.20 p.m. – 03.30 p.m. *Welcome address*
R. De Ruggeri (Matera, I)

03.30 p.m. – 04.00 p.m. *Opening Ceremony*
M. Pittella (Potenza, I), **V. De Filippo** (Rome, I),
A. Sole (Potenza, I)

04.00 p.m. – 04.45 p.m. *Opening Lecture*
Chairpersons: **S. Basili** (Rome, I), **E. Jannini** (Rome, I)

F. Franconi (Potenza, I)
Gender Medicine: a new path for the a
appropriateness and sustainability of health care

04.45 p.m. – 06.30 p.m. **Round Table: Addiction and gender**
Chairpersons: **S. Brunelleschi** (Novara, I), **E. Masini** (Florence, I)

R. Agabio (Cagliari, I), **P. Popoli** (Rome, I),
C. Smith (New York, USA), **J. Becker** (Ann Arbor, USA),
P. Nencini (Rome, I)

06.30 p.m. – 06.50 p.m. **G. Rosano** (London, UK)
Gender differences in the effect of cardiovascular drugs

06.50 p.m. *Welcome Ceremony*

Friday, April 15, 2016 – Morning

Chairpersons: **M. Ruoppolo** (Naples, I), **M. Marino** (Rome, I)

08.15 a.m. – 09.00 a.m. **V. Regitz-Zagrosek** (Berlin, D)
Cardiovascular diseases in women

Session I: Puberty and gender

Chairpersons: **A. Fabbri** (Rome, I), **L. Di Luigi** (Rome, I)

09.00 a.m. – 09.30 a.m. **D. Gianfrilli** (Rome, I)
Life style in the early life and infancy and
prevention: gender aspects

09.30 a.m. – 10.00 a.m. **L. Donini** (Rome, I)
Sex and gender aspects in anorexia and obesity
during puberty

10.00 a.m. – 10.30 a.m. **F. Pigozzi** (Rome, I)
Sport and doping in transition age: sex differences

10.30 a.m. – 11.00 a.m. *Coffee break*

Session II: Adulthood and gender

Chairpersons: **V. Regitz-Zagrosek** (Berlin, D), **R. Buzzetti** (Rome, I)

11.00 a.m. - 11.30 a.m. **N. Martini** (Rome, I)
Gender and big data review: indicators and differences
in clinical - therapeutic pathways

11.30 a.m. – 12.00 p.m. **G. Seghieri** (Pistoia, I)
Gender specific feature of diabetes mellitus

12.00 p.m. – 12.30 p.m. **A. Aversa** (Catanzaro, I)
State of metabolic diseases in men and in women

12.30 p.m. – 13.00 p.m. **A.M. Isidori** (Rome, I)
Hormones and cardiovascular diseases: gender
aspects

13.00 p.m. – 13.30 p.m. **M. Caprio** (Rome, I)
Cardiovascular treatments: gender aspects

01.30 p.m. – 02.30 p.m. *Buffet Lunch*

Friday, April 15, 2016 – Afternoon

Session III: Gender and Elderly

Chairpersons: **G. Mercurio** (Cagliari, I), **G. Seghieri** (Pistoia, I)

02.30 p.m. – 03.00 p.m. **E. Jannini** (Rome, I)

Sex differences and stress across the lifespan

03.00 p.m. – 03.30 p.m. **G. Paolisso** (Naples, I)

Elderly frailty: gender differences?

03.30 p.m. – 04.00 p.m. **C. Marcocci** (Pisa, I)

Pathophysiology of osteoporosis: gender aspects

04.00 p.m. – 04.30 p.m. **S. Migliaccio** (Rome, I)

Osteoporosis and sarcopenia; gender aspects

04.30 p.m. – 05.00 p.m. *Coffee Break*

05.00 p.m. – 05.30 p.m. **I. Olivieri** (Potenza, I)

Chronic inflammatory arthritis and gender

05.30 p.m. – 06.00 p.m. **A. Caputi** (Messina, I)

Polytherapy: Gender aspects

Saturday, April 16, 2016 – Morning

Chairpersons: **F. Franconi** (Potenza, I), **L. Milella** (Potenza, I)

08.15 a.m. – 09.00 a.m. **M. Legato** (New York, USA)
Closing Lecture: Gender medicine in the future

09.00 a.m. – 10.30 a.m. **Round Table: Clinical Trials and Gender Aspects**
Chairpersons: **I. Klinge** (Maastricht, NL), **G. Cantelli Forti** (Bologna, I)

I. Campesi (Sassari, I), **M. Scatigna** (Rome, I),
P. Rochon (Ontario, FDA), **P. Scott** (Silver Spring, USA),
P. Antonini (Rome, I)

10.30 a.m. – 11.00 a.m. *Coffee Break*

11.00 a.m. – 12.30 p.m. **Round Table: Gender Medicine round in the world**
Chairpersons: **M. Legato** (New York, USA), **A. Lenzi** (Rome, I)

I. Klinge (Maastricht, NL),
G. Pittella (Bruxelles, B),
C. Tannenbaum (Montreal, CDN),
K. Kublickiene (Stockholm, S)
F. Franconi (Potenza, I)

12.30 p.m. – 01.00 p.m. **F. Franconi** (Potenza, I), **A. Lenzi** (Rome, I)

Conclusions

01.00 p.m. – 02.00 p.m. *Buffet Lunch*

GENERAL INFORMATION

Meeting venue

Opening Ceremony and Congress Venue

April 14-15-16: Palazzo Viceconte – Via San Potito, 7 - 75100 Matera (Italy).

Registration hours

The registration Desk will be open during the following hours:

Thursday, April 14: 01.30 p.m. to 07.00 p.m.

Friday, April 15: 07.45 a.m. to 06.00 p.m.

Saturday, April 16: 07.45 a.m. to 01.00 p.m.

Official language

English. Simultaneous translation will not be provided.

Registrations

No registration fee is required to attend the conference. Please return the registration form to:

**AVEC S.r.l. - Incentive Paintings and CME Provider Angela Volpe /
Claudia Cislghi**

Via Lavoratori Autobianchi, 1 - c/o polo tecnologico Brianza - edificio 9 -
ufficio 14 - 20832 Desio (MB, Italy)

Phone: +39 0362 581579 – Fax: +39 0362 1860074

E-mail: angela.volpe@avec-eventi.com / claudia.cislghi@avec-eventi.com

Congress website

www.GenderandLifeStyle-Matera2016.avec-eventi.com

CME Accreditation

The application for CME accreditation has been submitted for Italian physicians.

The CME credits will be awarded only after full attendance of all sessions. Completion of the registration Form, the learning & assessment questionnaires are compulsory.

European Accreditation

An application has been submitted to the EACCME for CME accreditation of this event.

Technical facilities

A Slide center with pcs (Windows and Macintosh operating systems) will be available for Speakers to preview and finalize their presentations.

Speakers are kindly requested to submit their presentations on USB flash drive to the Slide center technicians at least one hour before their talks.

Slide Centre opening hours:

Thursday, April 14: 01.30 p.m. to 07.00 p.m.

Friday, April 15: 07.45 a.m. to 06.00 p.m.

Saturday, April 16: 07.45 a.m. to 01.00 p.m.

Lunches and coffee breaks

Lunches and coffee breaks will be provided within the conference premises.

Abstracts book

The participants will receive the abstracts Book at the conference.

Attendance certificate

The attendance certificate will be issued at the accreditation desk following full attendance at the conference.

LIST OF CHAIRMEN, SPEAKERS, SCIENTIFIC SECRETARIAT AND PRESIDENTS OF THE MEETING

Roberta AGABIO

Department of Biomedical Sciences - University of Cagliari
Cagliari (Italy)

Paola ANTONINI

WORLDWIDE CLINICAL TRIALS
Rome (Italy)

Antonio AVERSA

Department of Experimental and Clinical Medicine
Magna Graecia University of Catanzaro
Catanzaro (Italy)

Stefania BASILI

Senior Vice President Scientific Affairs - Worldwide Clinical Trials
Rome (Italy)

Jill BECKER

Patricia Y. Gurin Collegiate
University of Michigan
Ann Arbor (USA)

Sandra BRUNELLESCHI

Department of Medical Sciences
Amedeo Avogadro University of Eastern Piedmont
Novara (Italy)

Raffaella BUZZETTI

Department of Experimental Medicine Faculty of
Medicine and Dentistry - "Sapienza" University of Rome
Rome (Italy)

Ilaria CAMPESI

University of Sassari
Sassari (Italy)

Giorgio CANTELLI FORTI

Department of Pharmacology Alma Mater Studiorum
University of Bologna
SIF (Società Italiana di Farmacologia)
Bologna (Italy)

Massimiliano CAPRIO

IRCCS San Raffaele Pisana
Rome (Italy)

Achille Patrizio CAPUTI

Department of Pharmacology
University of Messina
Messina (Italy)

Vito DE FILIPPO

Undersecretary of State to the Ministry of Health
Rome (Italy)

Raffaello DE RUGGIERI

Mayor of Mater City
Matera (Italy)

Luigi DI LUIGI

University of Rome “Foro Italico”
Rome (Italy)

Lorenzo Maria DONINI

Department of Experimental Medicine
“Sapienza” University of Rome
Rome (Italy)

Andrea FABBRI

Department of Endocrinology
University of Rome “Tor Vergata”
Rome (Italy)

Flavia FRANCONI

Department of Pharmacology - University of Sassari
Vice President and Assessor for Health - Basilicata Region
Sassari (Italy)

Daniele GIANFRILLI
“Sapienza” University of Rome
Rome (Italy)

Elisa GIANNETTA
Department of Experimental Medicine
“Sapienza” University of Rome
Rome (Italy)

Emanuela GRECO
Center of Reproductive Medicine and Biology
European Hospital of Rome
Rome (Italy)

Andrea M. ISIDORI
Department of Experimental Medicine
“Sapienza” University of Rome
Rome (Italy)

Emmanuele JANNINI
University of Rome Tor Vergata
Rome (Italy)

Ineke KLINGE
Faculty of Health, Medicine and Life Sciences
Department of Health, Ethics & Society
University of Maastricht
Maastricht (Netherlands)

Karolina KUBLICKIENE
Karolinska University Hospital-Huddinge
Stockholm (Sweden)

Marianne J. LEGATO
Foundation for Gender-Specific Medicine
Columbia University College of Physicians & Surgeons
New York (USA)

Andrea LENZI
Department of Experimental Medicine
University of Rome “Sapienza”
Rome (Italy)

Claudio MARCOCCI
University of Pisa
Pisa (Italy)

Maria MARINO
University of Rome Tre
Rome (Italy)

Nello MARTINI
National Academy of Medicine
Rome (Italy)

Emanuela MASINI
Department of Neuroscience University of Florence
Florence (Italy)

Giuseppe MERCURO
University of Cagliari
Cagliari (Italy)

Silvia MIGLIACCIO
University of Rome “Foro Italico”
Rome (Italy)

Luigi MILELLA
Faculty of Pharmacy
University of Basilicata
Potenza (Italy)

Andrea MONTELLA
University of Sassari
Sassari (Italy)

Paolo NENCINI
“Sapienza” University of Rome
Rome (Italy)

Ignazio OLIVIERI

S. Carlo Hospital
Potenza (Italy)

Angela OSTUNI

University of Basilicata
Potenza (Italy)

Giuseppe PAOLISSO

Department of Internal Medicine,
Surgical Neurological Metabolic Disease and Geriatric Medicine
University of Naples
Naples (Italy)

Fabio PIGOZZI

Foro Italico University of Rome
Rome (Italy)

Gianni PITTELLA

Group of the Progressive Alliance of Socialists and
Democrats in the European Parliament
Bruxelles (Belgium)

Marcello PITTELLA

Regione Basilicata
Potenza (Italy)

Patrizia POPOLI

National Health Institute
Rome (Italy)

Valeria RAPARELLI

Internal Medicine Gastroenterology
“Sapienza” University of Rome
Rome (Italy)

Vera REGITZ-ZAGROSEK

Center for Cardiovascular Research (CCR), Charité
Deutsches Herzzentrum Berlin
Berlin (Germany)

Paula ROCHON

Women's College Research Institute,
Women's College Hospital
Ontario (Canada)

Giuseppe ROSANO

Cardiology Clinical Academic Group - St. George's Hospital
London (United Kingdom)

Margherita RUOPPOLO

Department of Molecular Medicine and
Medical Biotechnologies - University of Naples Federico II
Naples, Italy

Marco SCATIGNA

Farindustria Clinical Trial, Rome
Rome (Italy)

Pamela E. SCOTT

FDA Office of Women's Health
Silver Spring (USA)

Giuseppe SEGHIERI

Pistoia Riuniti Hospitals
Pistoia (Italy)

Cindy SMITH

UNICRI - United Nations Interregional Crime and
Justice Research Institute
New York (USA)

Aurelia SOLE

Dean of the Università degli Studi della Basilicata
Potenza (Italy)

Cara TANNENBAUM

CIHR Institute of Gender and Health
IRSC Institut de la santé des femmes et des hommes
Montréal (Canada)



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Matera (Italy), April 14-16, 2016

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Registration form

Physician

Postgraduate

Surname		Name	
Title		Professional area	
Institution			
Address			
City	Postcode	Country	
Telephone	Mobile	Fax	
E-mail			

No registration fee is required to attend the Conference. Please return the registration form to:
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Via Lavoratori Autobianchi, 1 - c/o Polo Tecnologico Brianza - Edificio 9 - Ufficio 14
I-20832 Desio (MB), Italy - Phone: +39 0362 581579 – Fax: +39 0362 1860074
E-mail: claudia.cislighi@avec-eventi.com

Date	Signature
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Dear Client, this is to inform you that the processing of your personal data will be carried out in our company in full compliance with Law 7/2003. As established by this law, the processing will be based on the principles of correctness, lawfulness and transparency in order to protect your confidentiality and rights.

- 1) Pursuant to art. 13 we inform you that the data collected will be used for the following purposes:
 - a. Organization of events, travel incentives, congresses and conventions: performance of bureaucratic procedures, reservation of tickets for transport, hotels, tourist services; organisational logistics, etc., and/or performance of accreditation procedures (ECM);
 - b. Taxation and accounting obligations;
 - c. Operational and managerial requirements;
 - d. Possible forwarding of informative and promotional material relating to our sector in printed form or electronically.
- 2) For data required to fulfil obligations envisaged by law, regulations and Community legislation or provisions issued by legally empowered authorities and vigilance and control bodies, and to perform our business activities and fulfil our accounting, taxation and corporate organisational obligations, we are not required to obtain your consent and failure to provide such data will make it impossible to continue the relationship to the extent that said data are necessary for performance of the same.
The purchase of products and services marketed by AVEC SRL enables the latter to forward informative, advertising and promotional material relating to its sector of expertise in compliance with the methods indicated in point 1/d), pursuant to art. 130 subsection 4 of Legislative Decree 196/2003 and point 6 of the provision 'Simplification of certain requirements in the public and private domain concerning data processing for administrative and accounting purposes' - 19 June 2008 *Gazzetta Ufficiale* (Official Bulletin) no. 152 dated 1 July 2008. Should you decide to object to the processing operations for commercial purposes, said refusal/objection will not have any consequences of any kind. The providing of personal data in order to receive advertising and informative material relating to our area of expertise either in printed form or electronically is entirely optional. Should you decide to object to the processing operations for commercial purposes, said refusal/objection will not have any consequences of any kind.
- 3) The personal data are processed by the persons in charge who are assigned to said processing in order to ensure correct fulfilment of the purposes indicated in point 1) via electronic instruments and printed files, also via use of safety measures aimed at guaranteeing the confidentiality of the personal data and preventing undue access by unauthorised subjects. Said data will not be subject to disclosure. Data may be disclosed to the following subjects in their capacity as autonomous data processing controllers and/or in charge of external processing:
 - accountants for bookkeeping and taxation obligations;
 - attorneys for legal assistance for contractual purposes and management of litigation;
 - entities/companies which collaborate with our company in the various sectors, for reasons strictly connected to the purposes set forth in point 1;
 - banks and credit institutions.You may contact the processing controller and persons in charge in order to exercise your rights as set forth in article 7 of Legislative Decree no. 196/2003, that is, the confirmation of the existence or otherwise of the data concerning you, the erasure, anonymization and blocking of data that has been processed unlawfully, the updating, rectifying or integrating of data, certification to the effect that the operations have been notified to the entities to whom or which said data were communicated or disseminated. The right to object to the processing of personal data for the commercial purposes set forth in point 1 d), where it is carried out via automated contact means, shall also be extended to traditional means without prejudice to the possibility for the interested party to exercise this right in part, pursuant to art. 7, subsection 4, letter b), of the Code, that is, by only objecting for example to the sending of promotional communications with the help of automated means. All requests may be forwarded by email to: *info@avec-eventi.com* by phone to: *0362/ 581579* , or by fax to *0362/1860074*.
- 4) The data controller is: *AVEC SRL Via Lavoratori, Autobianchi, 1 - Lotto 9/Uff.14 - 20832 - Desio (MB)*
- 5) The person in charge of the processing is: *Volpe Angela*

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If you do not wish to receive such material mark a cross in the box alongside and send this informative note back to us by email or fax duly signed and stamped. The interested party's right to object to the processing of personal data for the commercial purposes set forth in point 1 d), where it is carried out via automated contact means, shall also be extended to traditional means without prejudice to the possibility for the interested party to exercise this right in part, pursuant to art. 7, subsection 4, letter b), of the Code, that is, for example by only objecting to the sending of promotional communications with the help of automated means. Therefore, in the case of any objections, we invite you to specify in detail*, whether you intend to totally object to the purposes in 1/e, or only to some of the methods (e.g. objection to sending by fax or email etc.). In case of a general objection then you will not be contacted personally, telephonically or by email in relation to the promotional activities and initiatives proposed by the company.

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I have read the above data protection notice and I agree with its terms.

*REMARKS: _____ Signature for acceptance _____

